

A New Twist on Assist





Amidst a lush, tropical backdrop, you will discover new dimensions of health and happiness.



### Have Fun. Feel Good. Live Well.

Welcome to Aravilla, a vibrant community with a luxurious, care-free lifestyle inspired by the way today's seniors want to live. Here, you can enjoy the freedom of independent living, but with personalized assistance and a variety of specialized services delivered precisely according to your needs and desires. Amidst a lush, tropical backdrop, you will discover new dimensions of health and happiness created by our resort-style environment and your own personal lifestyle preferences. Come see our thoughtful community design and comfortable, modern accommodations. Taste our healthy, chef-prepared cuisine and learn about our holistic approach to care—all of which make Aravilla an innovative new model for the future of senior living.





We encourage you to embrace your individualism with an activities schedule bustling with possibilities.



### Do What You Love

At Aravilla, you never need to sacrifice the things you enjoy most in life. You may even discover new passions! We encourage you to embrace your individualism with an activities schedule bustling with possibilities, from live music and entertainment daily to group exercise, art, and myriad enrichment classes that spark continued personal growth. There is much to do in the surrounding area as well, with frequent day and evening excursions to local beaches, shops, sporting events, art and theater productions, and more.

When you simply prefer to relax and savor the comforts of home, Aravilla is a peaceful and beautiful place to do so. Enjoy a book and refreshing beverage in your favorite space. Take your dog for a stroll. And be sure to stop by and feed the resident swans.

Your independence extends to any number of our community activities, a variety of dining options, a multitude of floor plans and residence styles, and much more. No doubt you'll be inspired to host your family and friends for frequent visits and special get-togethers.



#### Carefree living



- ⇔ Choice of spacious, one- and two-bedroom floor plans
- ≫ Private, outdoor living area
- ≫ Stylish, modern furnishings at no additional cost
- Some Keyless entry technology and emergency call bracelet

## Better Living by Design

Aravilla has been engineered from the ground up with your safety, comfort, and convenience in mind. From the spacious architecture and tropical holiday atmosphere, right down to the detailed finishes, our community sets a standard of living that is truly unique.

When you visit our campus, you'll see the marriage of evidence-based science and pleasing aesthetics that served as the inspiration for our design. Flow and wayfinding are intuitive, and every room includes intelligent features that maximize safety, independence and quality of life. Whether it's the ambient lighting emanating from beneath the beds, or the color of our light bulbs, we've thought of everything to promote happier, healthier living.

Make Every Meal a Delight Enjoy three meals a day, each one handcrafted by professional chefs using only the freshest ingredients. Our Mediterranean-inspired menu minimizes salt for optimum

heart and brain function, yet if you prefer, American staples and down-home comfort favorites are also available.

Plus, chefs are always standing by to accommodate special requests and dietary requirements, prepare gluten-free meal choices, and more. And that's just what's happening in the main dining room!

### Savor New Flavors Anytime You Want

Also at Aravilla, you can opt for a freshly prepared meal in one of our themed restaurants. Join your friends in the sports pub for a beer and a game, or dine in comfort while listening to a few notes in the intimate piano bar. Add to that the fresh-brewed beverages and

sweet treats available in the coffee shop, and you can make dining an event that nourishes your body and spirit every day.











We listen to your distinct needs and preferences, and design a care plan especially for you.

## Focused on the Person in "Personal Care"

We believe that quality care is both a promise and a way of life. That's why when you move to Aravilla, you'll partner with your own, dedicated personal welcome concierge the very first day you arrive in your new home.

This uniquely trained staff member will help make the transition to your new home a breeze. He or she will also listen to your distinct needs and preferences, and design a care plan especially for you. That's how we guarantee that you'll receive personalized care where you need it—perhaps with laundry, wardrobe or medication management—and not where you don't.

Your personal welcome concierge will not only learn what makes you special, but also accompany you for one eight-hour day, orienting you to the community, making introductions and ensuring that you feel comfortable. Before you know it, you'll have that warm sense of familiarity that only home can evoke.

### Compassionate and Professional Care Living at

Aravilla is so much fun it's easy to forget that we are a licensed assisted living community. However, it's comforting to know that you will see the same friendly staff members each day.

If ever your care requirements should change, so too will the care we provide. We make it easy for you to get the extra care you may need, whether temporary or permanent. In addition to having a 24-hour nursing staff, we will arrange for customized, individual therapies, such as physical, speech and occupational therapy. You will have ready access to the finest care and resources—even family support and education.



# A Nurturing Place for Families and Caregivers, Too

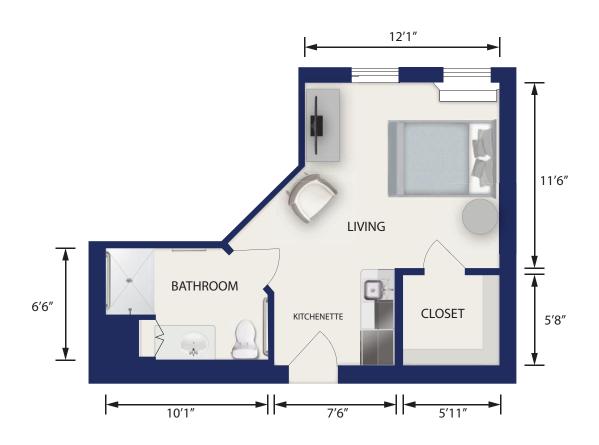
All in the name of a healthier, more balanced lifestyle, Aravilla directs focused efforts to nurture and support not only residents, but their families as well. Therefore, we actively encourage our families to spend time at Aravilla for frequent visits or get-togethers, which can even be hosted in our private lake house.

What's more, our newsletter *The Insider*, with the most up-to-date social calendar, is sent every month. It's also the driving force behind our many official family and friend events. So by all means, invite your friends and family to come by any time and join the fun, create new memories, and stay connected with you as you embark upon an exciting, new adventure.









Cygnet ~ 306 sq. ft.







Blue Jay 424-454 sq. ft.



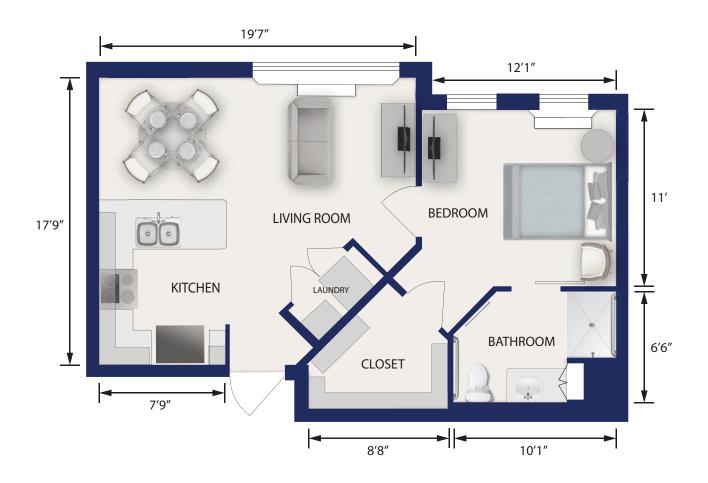




Robin *551-570 sq. ft.* 



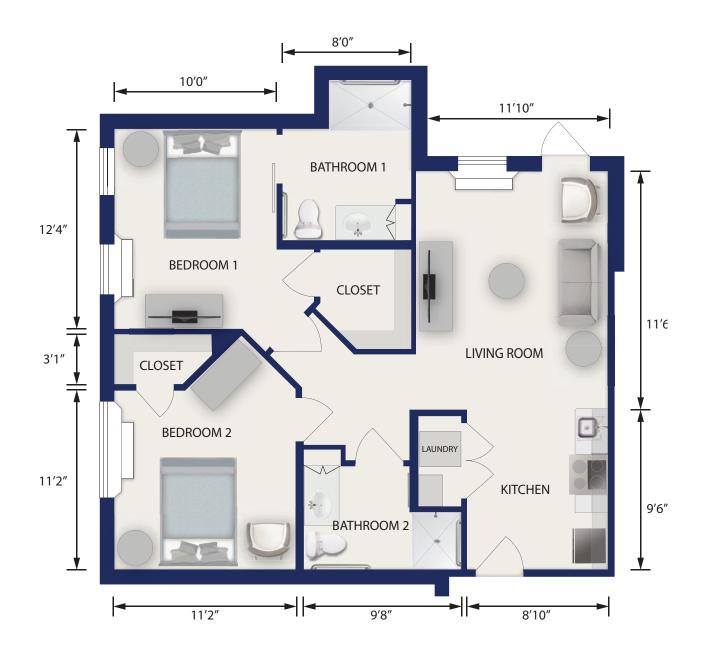




Mallard *587-647 sq. ft.* 







Swan Suite ~ 810 sq. ft.

