



Where Happiness Blooms





*From the moment you step inside our vibrant community, you'll sense a joyful atmosphere and see residents engaged with life and one another.*



# Happiness is Here, at Aravilla

Few things are as important as finding the right home for your loved one if he or she has Alzheimer's or other memory issues. That is why at Aravilla, we have combined the best elements of a warm and welcoming home with a focus on meeting the unique needs of our residents. Blended together in one exceptional community are thoughtfully designed surroundings, stimulating activities and compassionate care, guided by the most recent breakthroughs in the understanding and treatment of Alzheimer's and other types of dementia.

From the moment you step inside our vibrant community, you'll sense a joyful atmosphere and see residents engaged with life and one another. You'll appreciate our modern, comfortable residences and our resort-style amenities, from chef-prepared cuisine to live music presented daily in our bustling atrium. Head outside, and you'll stroll along serene pathways as you admire lush, tropical greenery and our resident swans in their private lagoon.

This consciously holistic approach makes Aravilla an inviting home and more. We are an innovative leader in memory care and nurturer of the human spirit. We live each day to make the person you love both healthy and happy—which makes you happy, too.



*We delight in keeping our residents healthy and stimulated by encouraging them to embrace their individualism and do the things they enjoy most.*



## Healthy Individualism

At Aravilla we delight in keeping our residents healthy and stimulated by encouraging them to embrace their individualism and do the things they enjoy most. Our schedule of classes, activities, gatherings and get-togethers is full and diverse, so our residents can stay immersed in the pastimes they have pursued throughout their lives or try new ones. From reading to watching sports, listening to music, creating art, gardening, dancing or exercising, so many activities are available that your loved one can participate in just the right thing for his or her taste and personal style.

There's plenty of fun and adventure to be had in the surrounding region, too, with frequent, supervised excursions to area beaches, restaurants, sporting events, attractions and more. And when our residents want some quiet time, they can relax and savor the comforts of home in lovely surroundings. They can curl up with books on their front porches. Visit with friends in our secure courtyard. Or just bask in the tranquility of living life on their own time.





## *What sets us apart*

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- ✧ Exceptional, qualified caregivers*
- ✧ Staff training double the requirement of the state of Florida*
- ✧ Dementia care trainers including Director of Education at USF Byrd Alzheimer's Institute*
- ✧ CEO with 40+ years of experience in elder care*
- ✧ A culture of listening to residents and families*

# A Friend from Day One

We believe that compassion is both a promise and a way of life. That is why each new memory care resident at Aravilla is paired with a personal welcome concierge on the day of his or her arrival. This specially trained staff member serves as a constant companion for three eight-hour days and makes transitioning a breeze.

Our goal in assigning a personal welcome concierge is to spend time listening to your loved one so we can gain a deep understanding of who he or she is as a person, and identify specific needs. This helps us create a highly customized plan of care that takes into account all the things that make your loved one special—personality, likes and dislikes, habits, family members and medication requirements.

Another important benefit of our personal welcome concierge is your loved one will be introduced and oriented to our community in the way that a special guest would be welcomed at a luxury hotel. Having a special friend and escort right by your loved one's side means he or she will never have to wonder where to go or whom to ask for help.

## A Family of Nurturing Caregivers

We understand that the physical and emotional toll of dementia can be heavy, and that symptoms are unique to each person. However, you can take comfort in knowing that the same friendly and highly skilled caregivers will patiently nurture, protect, and engage with your loved one each day. They'll get to know one another, make meaningful personal connections, and build a relationship that ensures consistency of care, comfort, and dignity.

If ever your loved one's care requirements should change, so too will the care we provide. In addition to a 24-hour nursing staff, we will arrange customized, individual therapies such as physical, speech and occupational therapy. At Aravilla, your loved one will have all the tools and resources needed to ensure a healthier mind and body.



*We offer your loved one:*



- ↪ Choice of spacious floor plans*
- ↪ Stylish, modern furnishings at no additional cost*
- ↪ Keyless entry technology and emergency call bracelets*
- ↪ Beautiful outdoor spaces and gardens*
- ↪ Intimate and elegant dining rooms*
- ↪ Dramatic central atrium and entertainment area*

# Better Living by Design

Aravilla was engineered from the ground up with your loved one's safety, comfort, and convenience in mind. From the spacious architecture and resort-like atmosphere, right down to the detailed and high-end finishes, our community is truly unique.

When you visit our campus, you'll see the marriage of evidence-based science and pleasing aesthetics that served as the inspiration for our design. A "yellow brick road" makes flow and wayfinding both easy and intuitive, while inviting, neighborhood-style front porches line every hallway. What's more, every spacious and tastefully-appointed residence includes intelligent features that maximize safety, independence and quality of life.

**Creating an Appetite for Delight** In keeping with our philosophy that every resident of Aravilla should enjoy optimal health and happiness, we put exceptional effort into our dining service. As a result,



we've set a new standard for dining in memory care. Your loved one will not just eat but fully experience meals, served three times a day in a restaurant setting with beautiful linens, elegant table settings and friendly service.



A feast for the eyes and body, artfully-presented meals are planned and prepared by our professional chefs, using delicious and fresh ingredients including savory meats and plenty of straight-from-the-vine vegetables and fruits. Menus include an abundance of tasty dishes inspired by the Mediterranean diet, known as the healthiest diet in the world, with minimal sodium to optimize heart and brain function. Plenty of traditional staples and down-home comfort favorites are also available, and our chefs are always standing by to accommodate special requests and dietary requirements.





## Support for Families, Too

Our family-focused efforts include educational support groups held regularly and led by professionals. They help friends and family members better understand their loved ones' conditions, rebuild emotional connections and achieve greater balance in their own lives.

We also send a newsletter, *The Insider*, and an up-to-date social calendar to families each month. This allows you to stay closely informed on the activities at Aravilla and find opportunities for engagement and participation. In fact, we actively encourage families to spend as much time as they can with their loved ones at Aravilla.



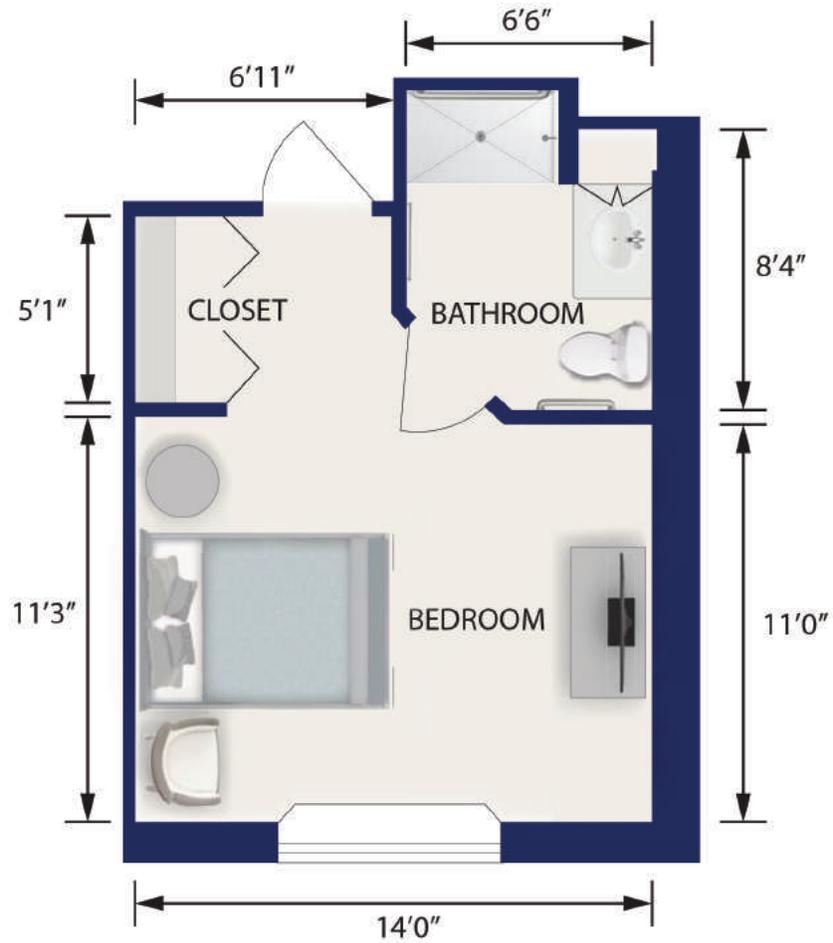
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# Resident Floor Plans

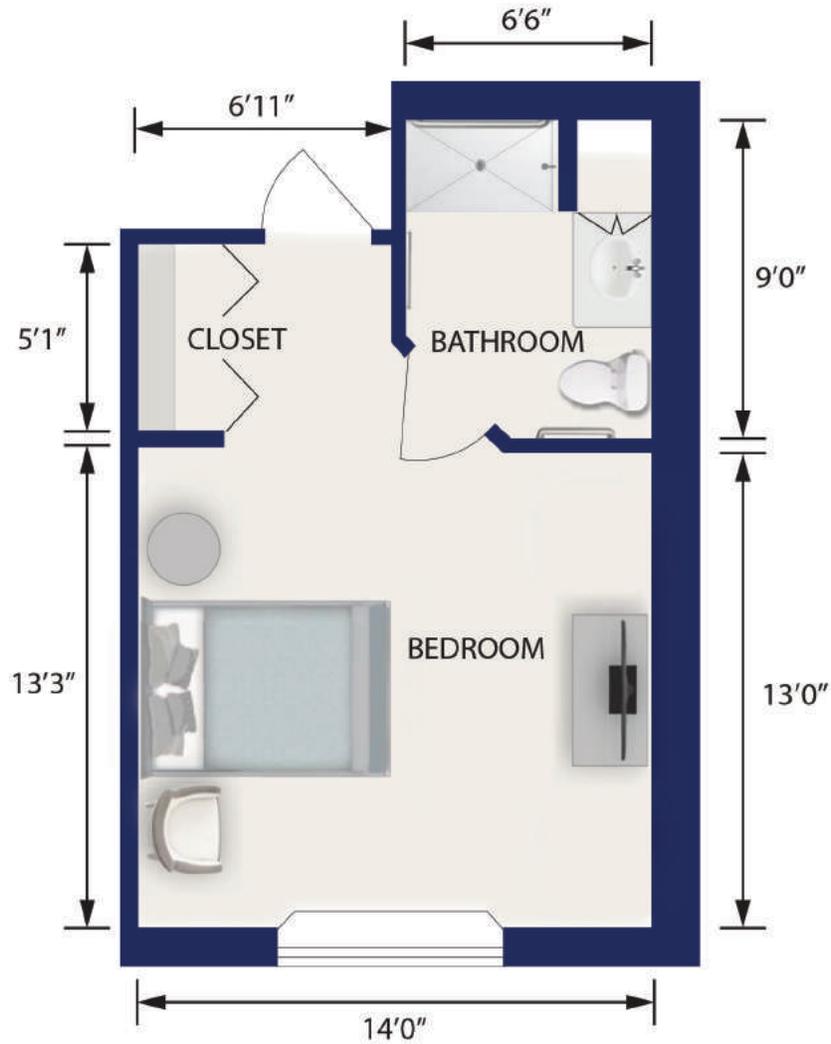


Motivation  
~ 247 sq. ft.

Dimensions are for a typical room and may vary.



# Resident Floor Plans

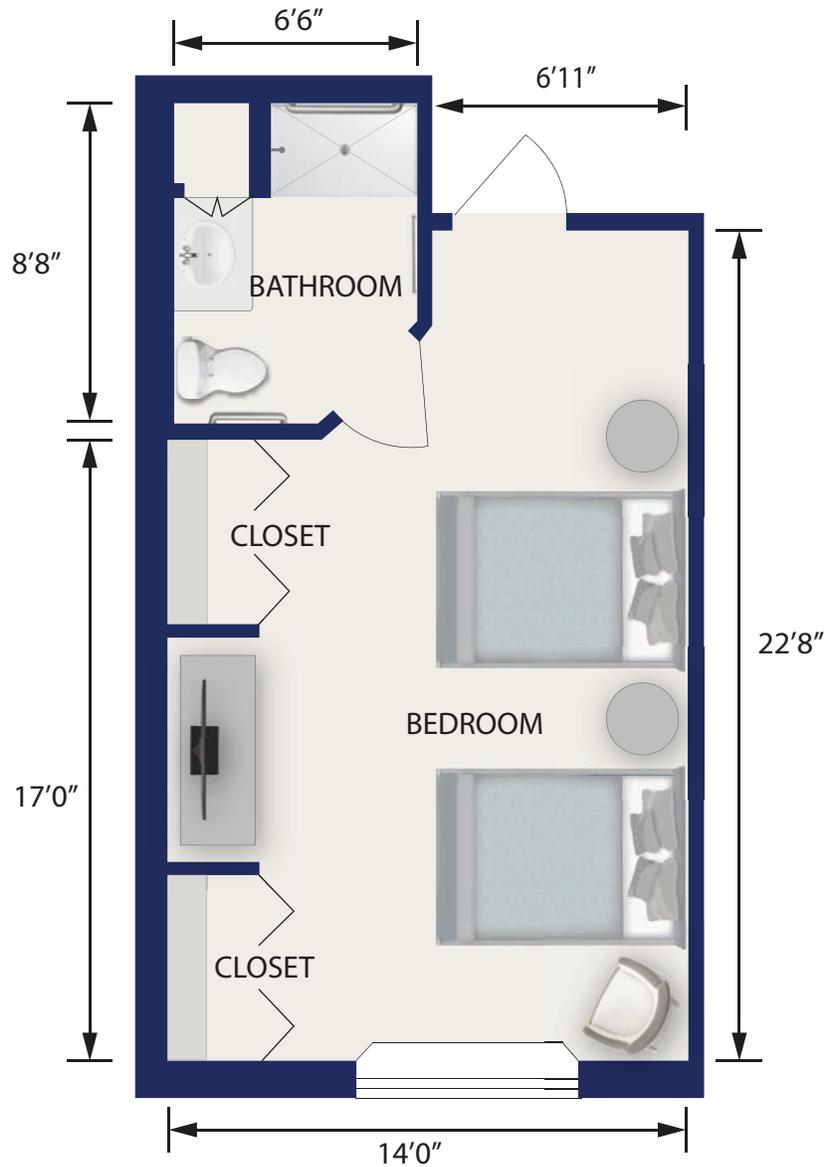


Celebration  
~ 286 sq. ft.

Dimensions are for a typical room and may vary.



# Resident Floor Plans

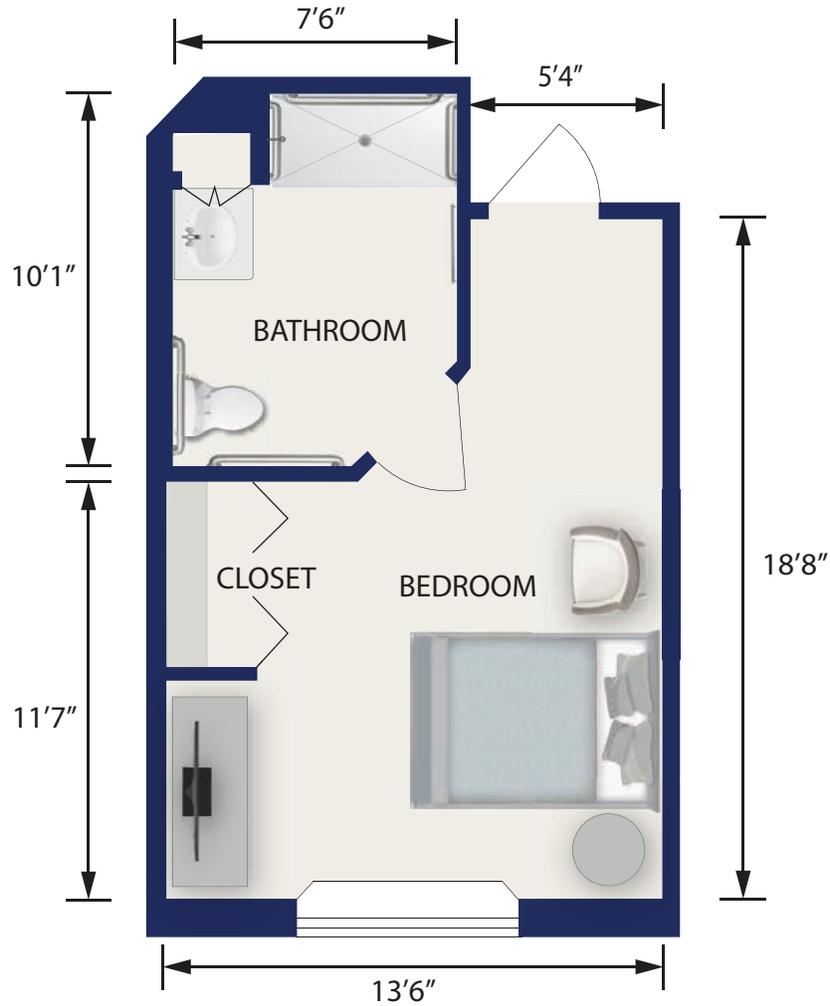


Enrichment  
~ 339 sq. ft.

Dimensions are for a typical room and may vary.



# Resident Floor Plans



Inspiration  
~ 259 sq. ft.

Dimensions are for a typical room and may vary.