



The Insider

A Monthly Look Inside Aravilla Sarasota

January Fun!

Mexican Mariachi

Dinner Outing

Monday 16th

4:30 pm

RSVP with Diana.

Forget Me Not Ministries

Tuesdays

11 am

Bingo Blast

Fridays

3:00 pm

Sit and Be Fit

Exercise Class

10 am

1st floor In the Lobby

2nd Floor in the Dining Room

3251 Proctor Road
Sarasota, FL 34231

Aravilla.com

941.444.9398

Assisted Living Facility #12551

Holidays At Aravilla



Richard poses with Mrs. Claus at the party.

We had a happy and busy holiday season at Aravilla! Our residents gathered to sing Christmas carols a few evenings. We also enjoyed hot chocolate and marshmallows on our Christmas movie night. On the Tour of Lights, we admired incredibly decorated neighborhoods complete with fake snow and a Candyland-themed house. During December we also had a photo shoot with beautiful Christmas pictures of our residents.



Juanita's photo shoot pictures were beautiful.

There were so many parties! The Resident Holiday Party gave our residents a chance to mingle while enjoying live music with Joey and Rick. We served many tasty desserts such as red velvet cake and cheesecakes. As always, a very jolly Santa came to our party on his sleigh along with the beautiful Mrs. Clause.



Mary was so happy to see Santa.

We enjoyed cookies and eggnog at the Employee/ Resident Holiday Party. In the gift exchange the residents received cozy, fuzzy holiday socks, Aravilla hats and yummy chocolates. The employees also received a Christmas gift from the residents and their families. Carol called all of our employees one-by-one and we applauded each and everyone of them as they received their gift.



Ann Marie & Jeff say cheers to 2022

To kick off our fabulous new year, the residents were feted with champagne and a Noon Year's Eve countdown to 2022! We are looking forward to a wonderful and busy 2022 at Aravilla.

New Year's Hair Resolution



More gorgeous hair in 2021! The start of the new year is a great time to refresh your look and get hair healthier! Our wonderful hair dresser, Diane, offers men's and women's hair-cuts, colors, perms, sets, and styles. If you have a special event or are just looking to pamper yourself, we invite everyone to stop by her salon for an appointment. Walk-ins are always welcome, too. To make an appointment you can stop by the salon and speak to Diane in person or contact her at

tykor7@outlook.com

Diane thanks everyone for their generous holiday tips and gifts. They are very much appreciated. Thank you!

Aravilla Shenanigans



Helene loves her nails.

We are starting the year off on the right foot. We are keeping as active as much as possible.

Bingo Blast is of course a must on our calendar. We have lots of regular players that look forward to a few games and of course a chocolaty prize! This game is always a crowd favorite. The room fills up quickly with eager players.

Our outings are also popular. The bus goes out twice per week. Once to a Mystery bus trip. Its called Mystery trip because we never know where we are going until everyone is aboard. Its always a surprise. The other outing is out for lunch. We love visiting all of the local favorite restaurants.

Mondays are "Fancy Nails" day. The Ladies get their finger nails manicured and polished. We have many colors. No matter weather you prefer bright colors or natural look, you will love the fancy nails you end up with. Helene was so happy with her nails, we made sure we got a picture of them for all to see.

This is going to be a great 2021 at Aravilla!



Haydee was this weeks big winner.

Have you visited our website yet? Learn more about all our Aravilla communities, find upcoming public events and support groups, as well as our monthly resident activities calendar. You will also find local and national resources, and be sure to browse the photo galleries and videos of all the fun we have here at Aravilla Sarasota!

