



# The Independent

A Monthly Look at Aravilla Sarasota

July 2025

## Big Events!

### Monthly Excursions:

PUBLIX  
WALMART  
DETWILER'S  
GULF GATE LIBRARY  
DOLLAR TREE  
Shelly's Gift & Christmas  
Boutique  
Bealls/Tidewell Treasure  
Long Horn  
Connor's  
Culver's  
Wolfie's  
Olive Garden

4th of July  
Friday, July 4

CHARITY TEA PARTY  
THURSDAY,  
July 31  
2:00

### Resident Council

TUESDAY, JULY 8  
10:30 AM

### Food Council

WEDNESDAY, JULY 17  
10AM

3271 Proctor Road  
Sarasota, FL 34231  
AravillaSarasota.com  
941.444.9398

Assisted Living Facility #12551

## HAPPY BIRTHDAY AMERICA 250 YEARS OLD



One of our activity assistants, Frank has quite the talent when it comes to playing the drums. In his free time he will bring in his drums and accompany some of our entertainers. The residents love hearing him play and enjoy seeing the joy on his face as he has his drum solos.

Big Waters Land Trust will be coming to our community on Thursday, July 3rd at 1pm to give a presentation on how they continue to protect the land and waters in Southwest Florida. To date they have protected over 20,000 acres across 63 properties. We cannot wait to hear them speak.



Addie is someone that did not want to go big for the biggest birthday of the century. But here at Aravilla we celebrated for 3 days straight for her 100th birthday. Addie keeps an active life style when it comes to word and trivia games now adays. We love you Addie and hope it was the best time for you!



Hop on the Bus with us! Every Thursday Aravilla residents go out to eat to different restaurants for lunch. We love using our taste palette with the satisfying food menus we see. If you have suggestions of restaurants we should try, don't hesitate to let us know. Last month we ventured to Mad Fish and Max's Table, just to name a few.



Have you visited our website yet? Learn more about all our Aravilla communities, find upcoming public events and support groups, as well as our monthly resident activities calendar. You will also find local and national resources, and be sure to browse the photo galleries and videos of all the fun we have here at Aravilla Sarasota!

