



The Insider

A Monthly Look Inside Aravilla Sarasota

July Fun!

Lunch Bunch

Week 1: Chinese

Week 2: Millies

Week 3: Culvers

Week 4: No lunch outing

Week 5: Joey D's

Fourth of July Cookout

July 4th

Noon

RSVP 941.444.9398

July Birthday Party

2 pm Atrium or

3 pm 2nd Floor

July 17th

Sarasota Jungle Garden Show

July 23rd

2:00 pm

Atrium

3251 Proctor Road
Sarasota, FL 34231

Aravilla.com

941.444.9398

Assisted Living Facility #12551

Sea Life Adventures



Cynthia & Betty enjoy all the fish tanks

June was a month marked by exciting experiences. Our excursions took us to diverse locations around town. We packed a picnic lunch and boarded our bus to City Island. There, we explored the renowned Mote Marine Aquarium. Most of us had not visited before. We were excited to discover their touch aquarium. We touched rays and spikey sea urchins in their touch pool. One can also get an up-close view of sharks of all kinds in their spacious shark tank. We took a photo by the Megalodon shark jaw replica before leaving. We saw turtles, otters, an alligator, and more. Our trip ended with a delightful picnic lunch by the water. We hope to visit Mote Marine's new location once it's open.



Nancy at the touch tank



The crew with the Megalodon shark jaw.

Feeding The Ducks

The extreme heat in Florida feels well over 100 degrees. This heat keeps us indoors most of the day. We do make an exception each morning to feed the ducks at the gazebo. After breakfast, we grab our bird food and take a short walk in the fresh air to feed our feathery friends. This walk also prepares us for our exercise class. We hope you can join us on our morning routine.



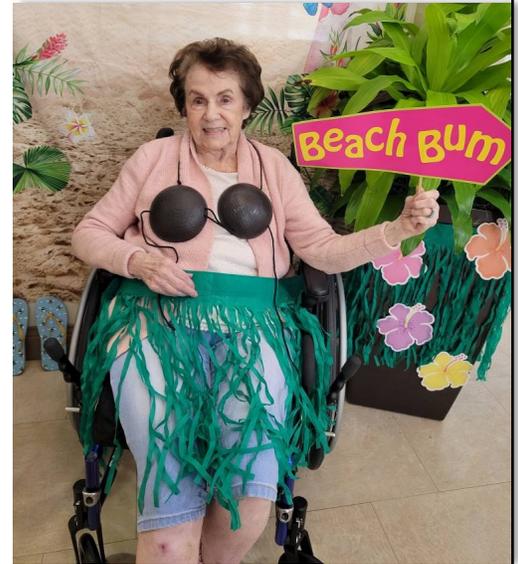
Feeding our feathery friends.

Aloha Friends



Aloha from Ed & Saniya at our Luau Party

To commemorate the start of summer, we organized a wonderful Hawaiian Luau. The event showcased a range of Don Ho's popular songs, accompanied by tropical flowers and a Tiki bar. Upon arrival, our residents received a warm Aloha greeting and were presented with vibrant leis. Our staff set up an attractive photo backdrop, replete with props, where residents took memorable photographs. The available props included coconut bras, grass skirts, hats, and more. Diana prepared delicious pineapple upside-down cupcakes, a quintessential Hawaiian treat. They were truly wonderful.



Pat wore the grass skirt and coconut bra in true Hawaiian spirit.

Father's Day Weekend



Clay poses for a picture with his favorite car.

Father's Day Weekend was great!. Our neighbors at Aravilla Assisted Living invited us over for a Classic Car show. The weather prepared a sunny morning for a great event.

The classic cars showed up early and parked in the roundabout of our parking lot. The residents showed up early to get good seats and see all of the cars. One of our favorites was a 1953 Hudson Hornet. It was a true beauty. They guys enjoyed conversations with the car owners and taking pictures with the awesome cars they own. We later went on to have a good time while enjoying "Donuts with Dad". We hope everyone had a great father's day like we did.



Billie enjoys a delicious glazed donut on father's day.

Have you visited our website yet? Learn more about all our Aravilla communities, find upcoming public events and support groups, as well as our monthly resident activities calendar. You will also find local and national resources, and be sure to browse the photo galleries and videos of all the fun we have here at Aravilla Sarasota!